

Sign of the Cross

In the name of the Father, and of the Son, and of the Holy Spirit.
Amen.

Our Father

Our Father, who art in heaven, hallowed be thy name. Thy kingdom come, thy will be done, on earth, as it is in heaven. Give us this day our daily bread and forgive us our trespasses as we forgive those who trespass against us; and lead us not into temptation, but deliver us from evil.
Amen.

Hail Mary

Hail Mary,
Full of Grace,
The Lord is with thee.
Blessed art thou among women,
and blessed is the fruit
of thy womb, Jesus.
Holy Mary,
Mother of God,
pray for us sinners now,
and at the hour of our death.
Amen.

Glory Be

Glory be to the Father,
and to the Son,
and to the Holy Spirit.
As it was in the beginning, is now,
and ever shall be,
world without end.
Amen.

Apostles Creed

I believe in God, the Father Almighty, Creator of Heaven and earth;
and in Jesus Christ, His only Son Our Lord,
Who was conceived by the Holy Spirit, born of the Virgin Mary, suffered under Pontius Pilate, was crucified, died, and was buried.
He descended into Hell; the third day He rose again from the dead;
He ascended into Heaven, and seated at the right hand of God, the Father almighty; from thence He shall come to judge the living and the dead.
I believe in the Holy Spirit, the holy Catholic Church, the communion of saints, the forgiveness of sins, the resurrection of the body and life everlasting.
Amen.

Salve Regina (Hail, Holy Queen)

Hail, holy Queen, mother of Mercy.
Hail, our life, our sweetness and our hope.
To thee do we cry,
poor banished children of Eve;
to thee do we send up our sighs,
mourning and weeping,
in this vale of tears.
Turn then, most gracious advocate,
thine eyes of mercy toward us;
and after this our exile, show unto us
the blessed fruit of thy womb, Jesus.
O clement, O loving,
O sweet virgin Mary.

Act of Contrition

O my God, I am heartily sorry for having offended Thee, and I detest all my sins, because of thy just punishment, but most of all because they offend Thee, my God, who art all good and deserving of all my love. I firmly resolve with the help of thy grace to sin no more and avoid the near occasion of sin. Amen.

Fatima Prayer

O my Jesus, forgive us our sins, save us from the fires of hell, lead all souls to Heaven, especially those most in need of Thy mercy. Amen.

The Holy Rosary

Start by making the sign of the Cross:

In the name of the Father, and of the Son and of the Holy Spirit.
Amen.

Then recite the Creed:

I believe in God, the Father almighty,
Creator of heaven and earth,
and in Jesus Christ, His only Son, our Lord.
He was conceived by the Holy Spirit,
and born of the Virgin Mary.
He suffered under Pontius Pilate,
was crucified, died and was buried.
He descended into hell.
On the third day He rose again.
He ascended into heaven,
and is seated at the right hand of God the Father Almighty.
He will come again to judge the living and the dead.
I believe in the Holy Spirit,
the Holy Catholic Church,
the communion of saints,
the forgiveness of sins,
the resurrection of the body,
and life everlasting.
Amen.

Then say 1 "Our Father", 3 "Hail Mary's" for the virtues of Faith, Hope and Charity; and then 1 "Glory Be":

Our Father, Who art in heaven, Hallowed be Thy Name. Thy Kingdom come, Thy Will be done, On earth as it is in Heaven. Give us this day, our daily bread, And forgive us our trespasses, as we forgive those who trespass against us. And lead us not into temptation, but deliver us from evil. Amen.

Hail Mary, Full of Grace, The Lord is with thee. Blessed art thou among women, and blessed is the fruit of thy womb, Jesus. Holy Mary, Mother of God, pray for us sinners now, and at the hour of death. Amen.

Glory Be to the Father, and to the Son, and to the Holy Spirit. As it was in the beginning, is now, and ever shall be, world without end. Amen.

The Rosary is divided into three parts, each having five mysteries. While meditating on the Mysteries, recite for each Mystery:

1 "Our Father"
10 "Hail Mary's" and
1 "Glory Be"

After each Mystery the "Fatima Prayer" is said.

O my Jesus, forgive us our sins, save us from the fire of hell, lead all souls to heaven, especially those who are in most need of Thy mercy.

All together this makes up one decade.

After the completion of the five mysteries (five decades), the "Hail Holy Queen" is said:

Hail, holy Queen, mother of mercy, our life, our sweetness, and our hope. To thee do we cry, poor banished children of Eve. To thee do we send up our sighs mourning and weeping in this valley of tears. Turn then, most gracious advocate, thine eyes of mercy toward us, and after this our exile show us the blessed fruit of thy womb, Jesus. O clement, O loving, O sweet Virgin Mary.

Pray for us, O Holy Mother of God.

That we may be made worthy of the promises of Christ.
In the Name of the Father, and of the Son and of the Holy Spirit.

Amen.