

## Nicene Creed

I believe in one God,  
the Father, the Almighty,  
Maker of heaven and earth,  
of all things visible and invisible.  
I believe in one Lord Jesus Christ,  
the only-begotten Son of God,  
born of the Father before all ages,  
God from God, Light from Light,  
true God from true God,  
begotten, not made,  
consubstantial with the Father.  
Through him all things were made.  
For us and for our salvation  
he came down from heaven: by the power of the Holy Spirit  
was incarnate of the Virgin Mary,  
and became man. (when you say the underlined sentence, you bow your head)  
For our sake he was crucified under Pontius Pilate;  
he suffered death and was buried,  
and rose again on the third day  
in accordance with the Scriptures.  
He ascended into heaven  
and is seated at the right hand of the Father.  
He will come again in glory to judge the living and the dead,  
and his kingdom will have no end.  
I believe in the Holy Spirit, the Lord, the giver of life,  
who proceeds from the Father and the Son.  
With the Father and the Son he is adored and glorified.  
He has spoken through the Prophets.  
I believe in one, holy, catholic and apostolic Church.  
I confess one baptism for the forgiveness of sins,  
and I look forward to the resurrection of the dead,  
and the life of the world to come.  
Amen.

## Grace Before Meals

Bless us, O Lord, and these, Thy gifts, which we are about to receive from Thy bounty. Through Christ, our Lord. Amen.

## Liturgia Horarum

are certain prayers to be recited at fixed hours of the day or night by (but not limited to) bishops, priests, religious, deacons, and clerics

## Prayer to Confirmation Saint

You need to research this on your own.

## Prayer to St. Michael the Archangel

St. Michael the Archangel,  
defend us in battle.  
Be our defense against the wickedness and snares of the Devil.  
May God rebuke him, we humbly pray,  
and do thou,  
O Prince of the heavenly hosts,  
by the power of God,  
thrust into hell Satan,  
and all the evil spirits,  
who prowl about the world  
seeking the ruin of souls.

Amen.