

## How to Choose a Confirmation Name:

As part of your Confirmation preparation you are charged with the privilege and responsibility, just like your parents were when you were born, to choose a name. It is your turn to speak for yourself in your faith and choose your own name – Your Confirmation Name. Here are some guidelines...

- This your decision. Your parents, friends, sponsor and family may give you suggestions but ultimately it is your choice which name to choose.
- You can choose your Baptismal Name or a new name.
- Your choice should reflect your relationship with the Catholic faith.
- Your Confirmation Name is to be a Catholic saint's name or a derivative of a Catholic saint's name.
- You can choose the name of a loved one, a parent, a grandparent, your sponsor or god parent. You may choose someone you admire or a person you believe to be holy. (It still needs to be a saint's name).
- You could choose a saint's name that shares your birthday or their feast day shares your birthday.
- You could choose a saint's name based on what they are a Patron of....Patron of Nurses, Patron of Engineers, etc.

**Where to look for a name?** Use books and the internet. Make sure you are looking for Catholic saints' names. You can google "Catholic saints for Confirmation". You will find several helpful links.

## Writing about your choice? DUE 3rd week of JANUARY

1. Write one to two paragraphs about your Saint.

Include:

- Full name of Saint.
- When and where did they live?
- What was life like for them?
- How did they die?
- What struggles did they endure and how did they follow Jesus' teachings?
- How did they become holy?
- When were they canonized or beatified by the Catholic Church?
- Why did you choose this Saint?
- How are they an example for your life?
- Prayer to your Saint.

2. Put your name on the paper

3. Include a picture of your Saint

4. Do NOT plagiarize. Plagiarism is the sin of stealing.