# What is a Couples in Cana Retreat?

A retreat for couples (married, engaged, or discerning) to grow deeper in their relationship to each other and to Christ.

- Conference talks about marriage and growing deeper in your vocation as a couple
- Adoration of the Blessed Sacrament
- Confession
- Workshops to improve communication and deepen your understanding of sacramental love.
- Prayer





#### YOU ARE INVITED TO JOIN US FOR A EUCHARISTIC RETREAT



## Pan de Vida Retreat

#### Friday, November 12 through Sunday, November 14, 2021





### Join us on Retreat

<u>Retreat Schedule</u> Fri 11/12 6:30pm - 10:00pm Sat 11/13 8:00am - 10:00pm Sun 11/14 8:00am - 1:00pm

#### St Isidore Catholic Church

222 Clark Avenue Yuba City, CA 95991 530-673-1573

"As the family goes, so goes the nation, so goes the world in which we live." -Saint John Paul the Great

Couples in Cana

Pan de Vida Retreat

#### EARLY BIRD SPECIAL!

\$150 per couple before Oct 24\$175 per coupe after Oct 24

~ Seating is limited ~

**Register before Nov 5** 

Includes lunch & dinner on Saturday

Register at the Parish Office 530-673-1573 (222 Clark Ave, Yuba City, 9am-5pm M-F) Cash or Check make checks payable to St Isidore Catholic Church

""The wonderful speakers, the heartfelt testimonies, the beautiful music and the Blessed Sacrament. The Holy Spirit filled the room as we understood the "true" meaning of the Marriage Sacrament and the Union of God, Man and Woman as one...We truly felt like we were newlyweds married for the first time... We encourage all couples to take a leap of faith and attend a weekend that will change your lives forever."

REGISTRATION
NAMES:
ADDRESS:
PHONE NUMBERS:
EMAILS:

PARISH:

NUMBER OF YEARS MARRIED

PARTICIPANTS SIGNATURES: