

How to Choose a Confirmation Name:

As part of your Confirmation preparation you are charged with the privilege and responsibility, just like your parents were when you were born, to choose a name. It is your turn to speak for yourself in your faith and choose your own name – Your Confirmation Name. Here are some guidelines...

- This your decision. Your parents, friends, sponsor and family may give you suggestions but ultimately it is your choice which name to choose.
- You can choose your Baptismal Name or a new name.
- Your choice should reflect your relationship with the Catholic faith.
- Your Confirmation Name is to be a Catholic saint's name or a derivative of a Catholic saint's name.
- You can choose the name of a loved one, a parent, a grandparent, your sponsor or god parent. You may choose someone you admire or a person you believe to be holy. (It still needs to be a saint's name).
- You could choose a saint's name that shares your birthday or their feast day shares your birthday.
- You could choose a saint's name based on what they are a Patron of....Patron of Nurses, Patron of Engineers, etc.

Where to look for a name? Use books and the internet. Make sure you are looking for Catholic saints' names. You can google "Catholic saints for Confirmation". You will find several helpful links.

Writing about your choice? DUE 3rd week of JANUARY

1. Write one to two paragraphs about your Saint.

Include:

- Full name of Saint.
- When and where did they live?
- What was life like for them?
- How did they die?
- What struggles did they endure and how did they follow Jesus' teachings?
- How did they become holy?
- When were they canonized or beatified by the Catholic Church?
- Why did you choose this Saint?
- How are they an example for your life?
- Prayer to your Saint.

2. Put your name on the paper

3. Include a picture of your Saint

4. Do NOT plagiarize. Plagiarism is the sin of stealing.